

# Population Health Trust Advisory Committee Meeting

**Skagit County Board of Health**  
**April 9<sup>th</sup>, 2015**



**Skagit County Board of Health - Population Health Trust**

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*Kenneth A. Dahlstedt, Chair  
Lisa Janicki, Commissioner  
Ron Wesen, Commissioner*

# Agenda

- Welcome, Agenda, Notes
- Steering, Vision, Mission and Operating Charter
- Update on Name the Effort
- Quality of Life Survey Process
- Community Health Indicators
- Budgets and Member Funding
- Quality of Life Sub-Committee
- Business Sub-Committee
- Forces of Change Presentations
- Process Survey, Trust Feedback and Ongoing Communication



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# Notes from 3-5-15

## Revisions to the Notes?



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# Steering Committee Members

Lisa Janicki

Bill Henkel

Carol Hawk

Connie Davis

Debra Lancaster

Jennifer Johnson

Kari Ranten

Liz McNett Crowl

Beverly Keyes

Mark Raaka

David Jefferson



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# Steering Committee Report

- Present an updated assessment plan (Survey and Indicators)
- Propose starting a Quality of Life (QOF) Survey Team
- More detailed Budget
- Report on availability/timeline from Snohomish County to help with Indicator Data
- Report on the Charter
- Beverly with look into College volunteers to help with survey
- Consider starting the Forces of Change with the Trust committee



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# Vision

Growing Healthy Communities

# Mission

Working together to improve health for ALL

# Charter

See [work](#) of Carol Hawk, John Miller, Duncan West and Mark Raaka

Decision Making Process?



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# The Short Version of Operating Norms

- Start and end on time
- Listen to learn
- Use language understandable to all
- Avoid side conversations
- Participate
- Show respect
- Decisions based on consensus
- Disagreements are welcome as a means to move us forward
- Be courteous to others in your use of electronic devices



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# Name the Effort (22 votes)

Skagit Health Matters  
(6 votes, 27%)

Skagit Community Health Collaborative  
(5 votes, 23%)

Suggestion: Skagit Thrives



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# Community Health Needs Assessment Review

- Raquel Luz Bournhonesque-RWJ
- Benton-Franklin-Rebecca Sutherland
- Kitsap-Siri Kushner
- Spokane Stacy Wenzel & Team
- Snohomish-Carrie McLachlan & EPI Team
- Island-Laura Luginbill
- Whatcom-Nicole Willis
- 4 County Collaboration on Data Set (Skagit Whatcom, Island, & Snohomish)



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### 3 Assessments

- **Quality of Life (Community)**
  - Themes and Strengths
  - Assets in the community
  - Provides qualitative data
- **Community Health Status Assessment (Trust)**
  - Review of health indicators
  - Provides quantitative information
- **Forces of Change (FoC) Assessment (Trust)**
  - Identifies forces that may affect a community and opportunities.



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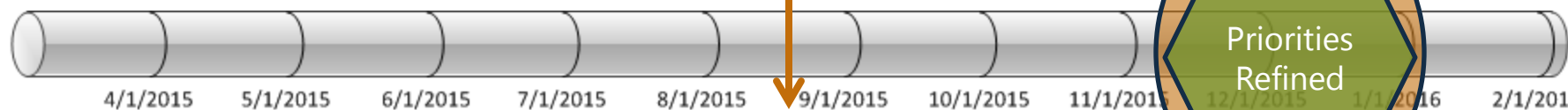
# TRUST

## Service Sector Work

- Goals
- Strategies
- Sources
- How does it contribute and integrate with PHT

Trends  
Factors  
Events

Forces of  
Change  
Assessment



Priorities  
Refined

## Data Carousel

Health  
Behaviors  
Clinical Data  
Social &  
Economic  
Physical  
Environment



Community  
Events to Test  
Priorities

## Trust WG

Community Health Needs Assessment

Quantitative Data

## WG

Themes & Strengths  
Assessment

Qualitative Data

Quality of Life  
Survey

# Quality of Life Survey

**Silver**

**Gold**

Convenience Sample

Random Sample  
N=383,  
95% confidence level,  
5% confidence interval

- [Kitsap](#)
  - Second round and well refined
  - Shared tools with us



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# Community Health Status Assessment

## Data Indicators

### Silver

[RWJ](#) and [HCA](#)  
[Resources](#)

### Gold

[4 County Data Set](#)  
Arranged according  
to the CDC  
[Community Health](#)  
[Assessment for](#)  
[Population Health](#)  
[Improvement](#)



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**Table 1: Community Health Assessment for Population Health Improvement: Most Frequently Recommended Health Metrics\***

Health Outcome Metrics		Health Determinant and Correlate Metrics			
Mortality	Morbidity	Health Care (Access & Quality)	Health Behaviors	Demographics & Social Environment	Physical Environment
Mortality - Leading Causes of Death (9)	Obesity (6)	Health Insurance Coverage (6)	Tobacco Use/ Smoking (8)	Age (9)	Air Quality (4)
Infant Mortality (6)	Low Birth-weight (3)	Provider Rates (PCPs, Dentists) (5)	Physical Activity (5)	Sex (6)	Water Quality (3)
Injury-related Mortality (3)	Hospital Utilization (4)	Asthma-Related Hospitalization (4)	Nutrition (4)	Race/Ethnicity (9)	Housing (5)
Motor Vehicle Mortality (3)	Cancer Rates (4)		Unsafe Sex (3)	Income (9)	
Suicide (4)	Motor Vehicle Injury (4)		Alcohol Use (4)	Poverty Level (6)	
Homicide (4)	Overall Health Status (4)		Seatbelt Use (3)	Educational Attainment (6)	
	STDs (chlamydia, gonorrhea, syphilis) (4)		Immunizations and Screenings (5)	Employment Status (6)	
	AIDS (3)			Foreign Born (3)	
	Tuberculosis (4)			Homelessness (3)	

Numbers in parenthesis indicate the number of 10 Guidance Documents that recommended that specific outcome or determinant/correlate.



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Indicator	SC	WA	US	SC Trend	Goal	Size of Pop Affected (A)= Actual (P) = Potential	Seriousness
<b>Injury</b>							
Fall hospitalization (cases per 100,00 people)	292.0	309.7	263.4	↔		(Hosp) A: 1,901 P: 713,335 (All Ages) At Risk: Older adults	<ul style="list-style-type: none"> <li>Falls are the leading cause of injury mortality among older adults</li> <li>80% of deaths due to falls occurred in people 65 and older</li> </ul>
Fall mortality (cases per 100,00 people)	9.8	11.2	7.9	↑	HP2020 7.0/100,000 pop all ages	(Mort) A: 67 P: 713,335 (All Ages) At Risk: Older adults	
Unintentional poisoning mortality	12.6	10.8	9.9	↑	HP 2020 13.1/100,000 pop	A: 93 P: 713,335 (All Ages) At Risk: All Ages	Unintentional poisoning is the leading cause of injury mortality in Snohomish County
Households w/children that contain a loaded & unlocked firearm	3% (of HH)	2.5% (of HH)	—		SC 0%	A: ~4,300 (children) P: 174,167 (0-17) At Risk: All Ages	Between 2001 and 2010, 14 children in Snohomish County were killed by firearms
Youth physical abuse	17.6%	17.2%	—		NA	A: ~30,650 P: 174,167 (0-17) At Risk: Children & Youth	Physical abuse in childhood is a risk factor for mental & physical problems



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# Assessment Products

Kitsap Survey Report

Kitsap Health Status (Indicators) Report

Snohomish County Community Report Card



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## Survey and Indicators Budget

### Survey

	SILVER	GOLD
KSRV Underwriting @\$50 a week for ten spots	300	300
Newspaper Add (Steve) (16,300 copies)	711	711
Online Incentives @\$3x300	900	900
In-Person Incentives @\$3x100	300	300
Printing and Copying	1500	1500
Design costs/flyers/posters	500	500
Planning & Meeting Expenses	250	250
Random Mailing	0	2500
Sub Total	\$ 4,461	\$ 6,961

### Data Indicators

Data Elements from Spokane 200 hrs.	0	16000
Data Carousels @ \$500 each	1000	1000
Report Writing	2500	2500
EPI Consulting Services, Data Analysis	3000	3000
Volunteers Incentives		
In Kind (staff and materials)		
Sub Total	\$ 6,500	\$ 22,500
Total	\$ 10,961	\$ 29,461



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# 2015-16 TIMELINE: Skagit County Community Health Needs Assessment

**Can we agree on how to proceed?**



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# Business Sub Committee

- Focus is meaningful bi-directional relationships
- Craft message and develop information material
- Formulate questions to engage business
- Test process with small group
- Develop plan for engagement
- Identify short and long term outcomes
- Identify key business data for review



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**15 Minutes**



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# Charlie Presentation



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# Corinne Story Presentation



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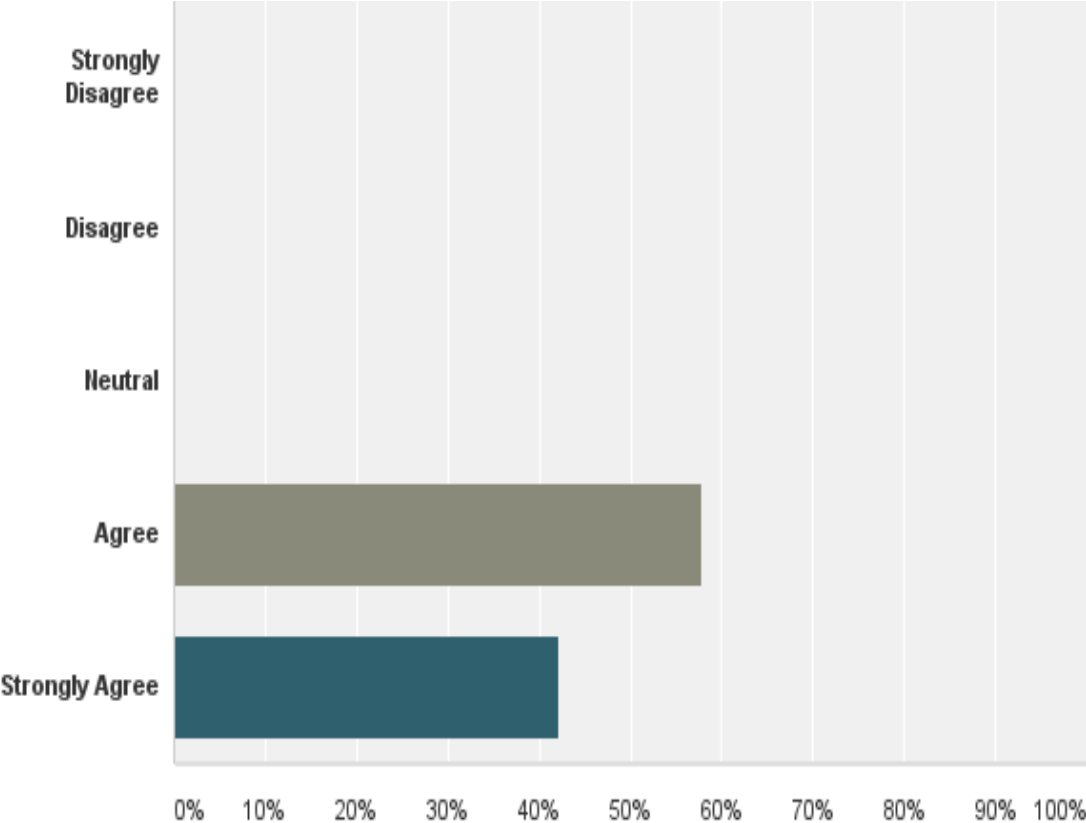
# Population Health Trust Advisory Committee Process Evaluation (2)

Wednesday, April 08, 2015

**Total Responses 20**

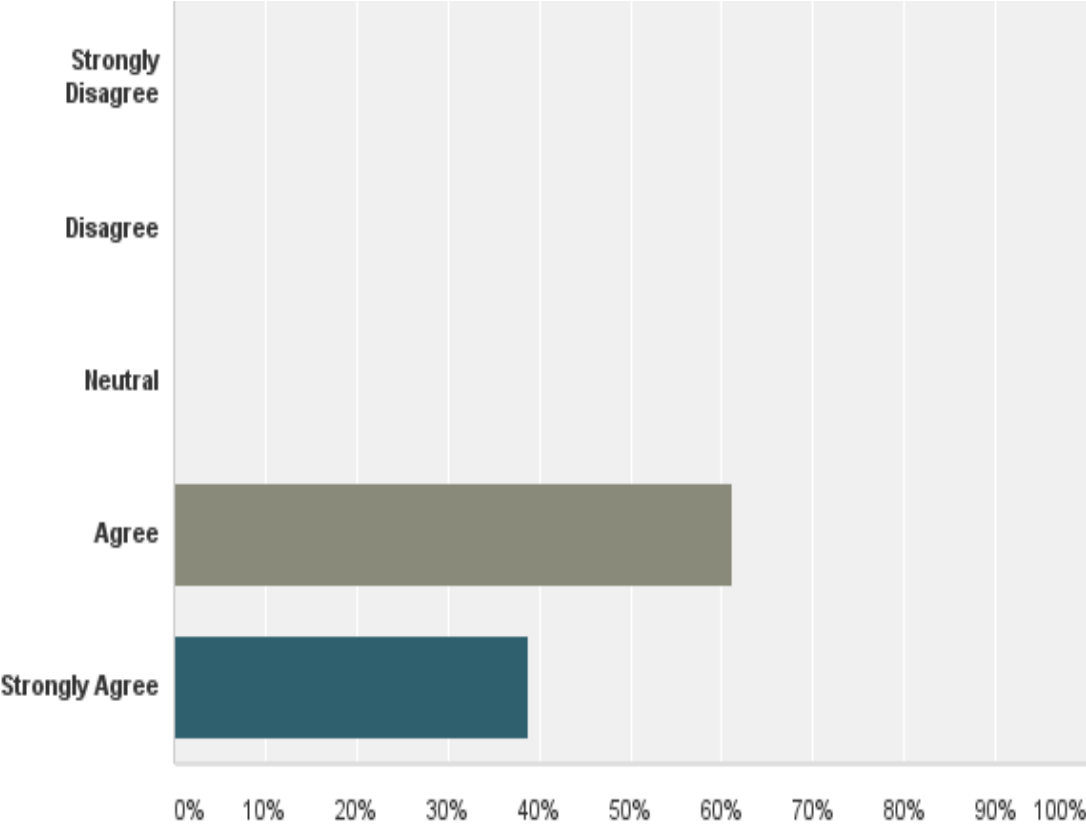
# Q1: We set a tone of openness among participants.

Answered: 19 Skipped: 1



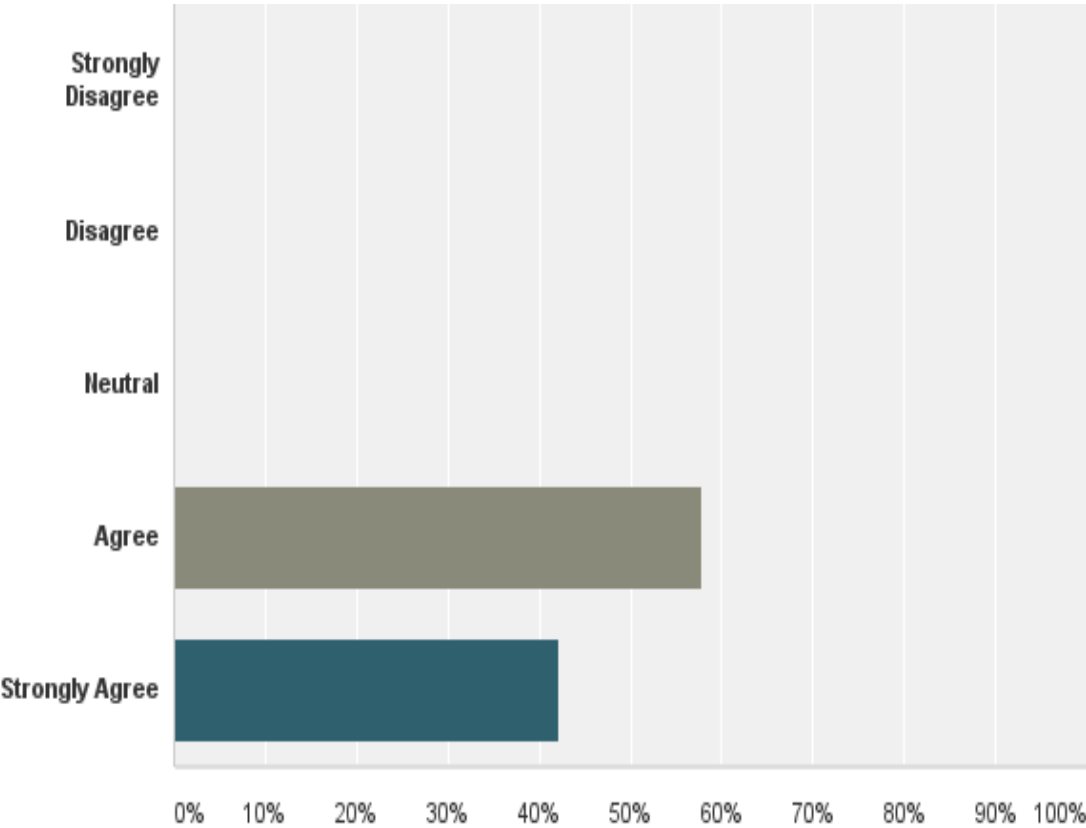
# Q2: We structured a planning process that used your time well.

Answered: 18   Skipped: 2



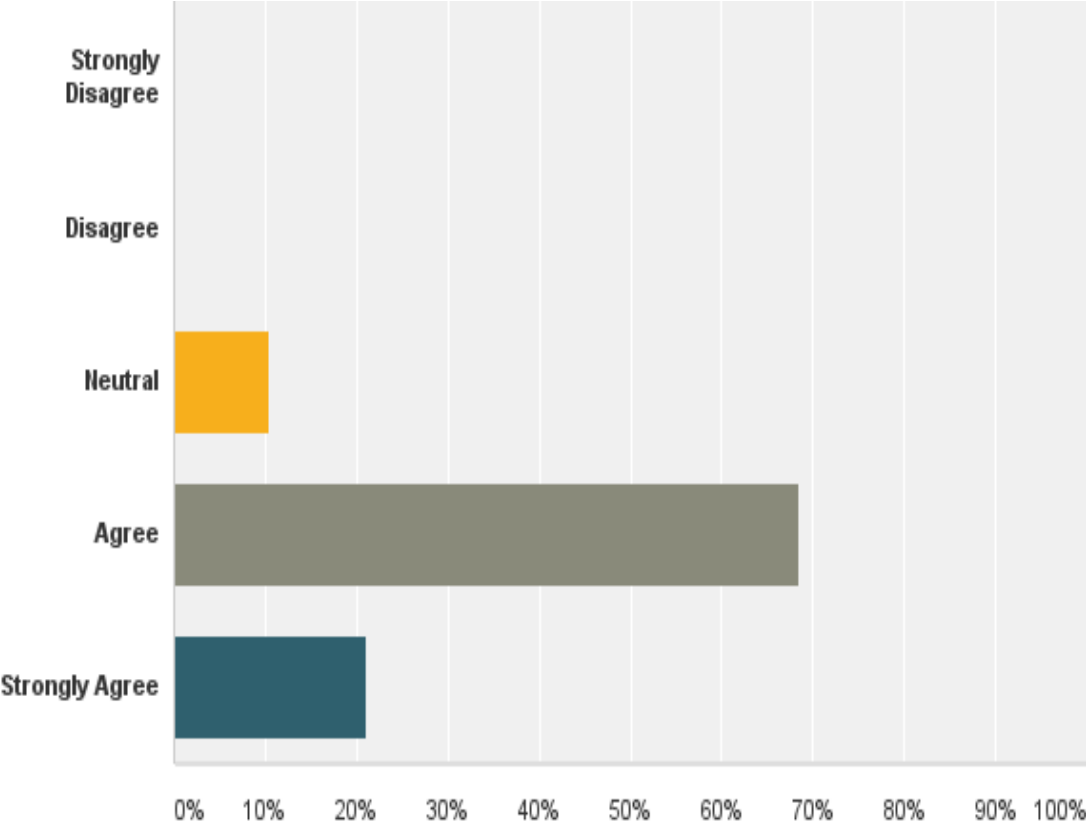
# Q3: The meeting process engaged you and others as active partners.

Answered: 19 Skipped: 1



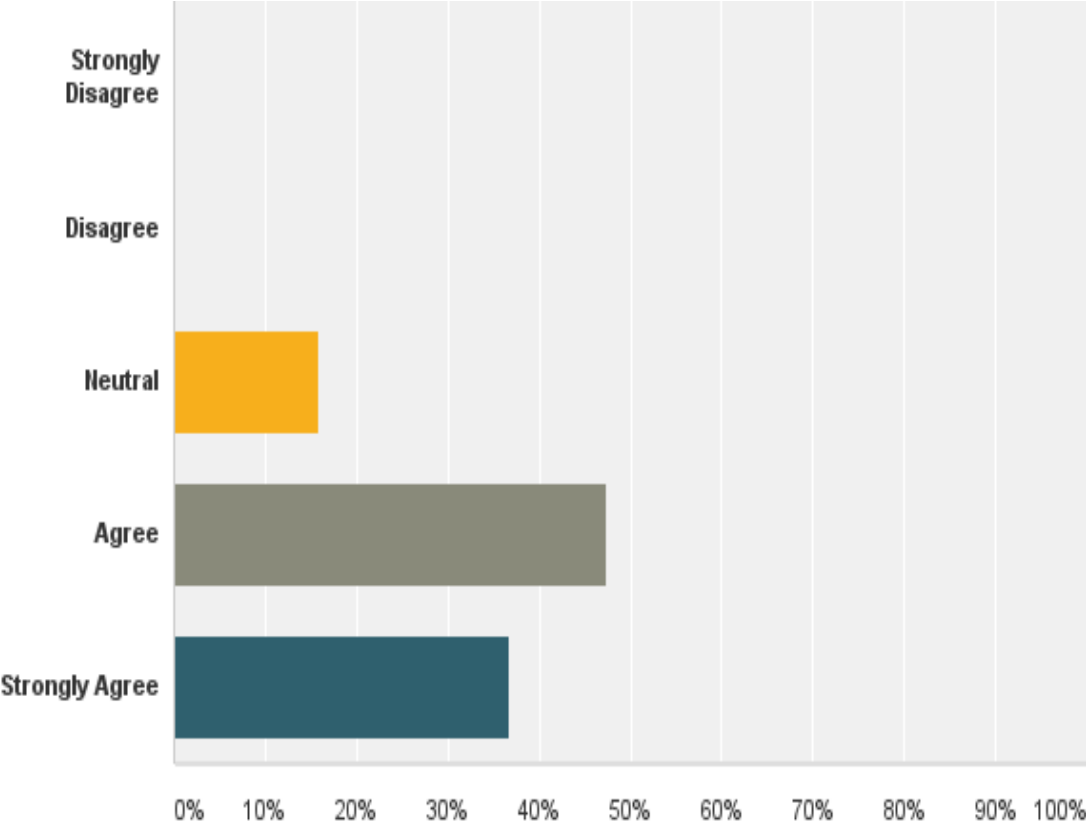
# Q4: We were clear about activities, participant responsibility and expected results of the meeting.

Answered: 19 Skipped: 1



# Q5: The process increased your commitment to the Trust.

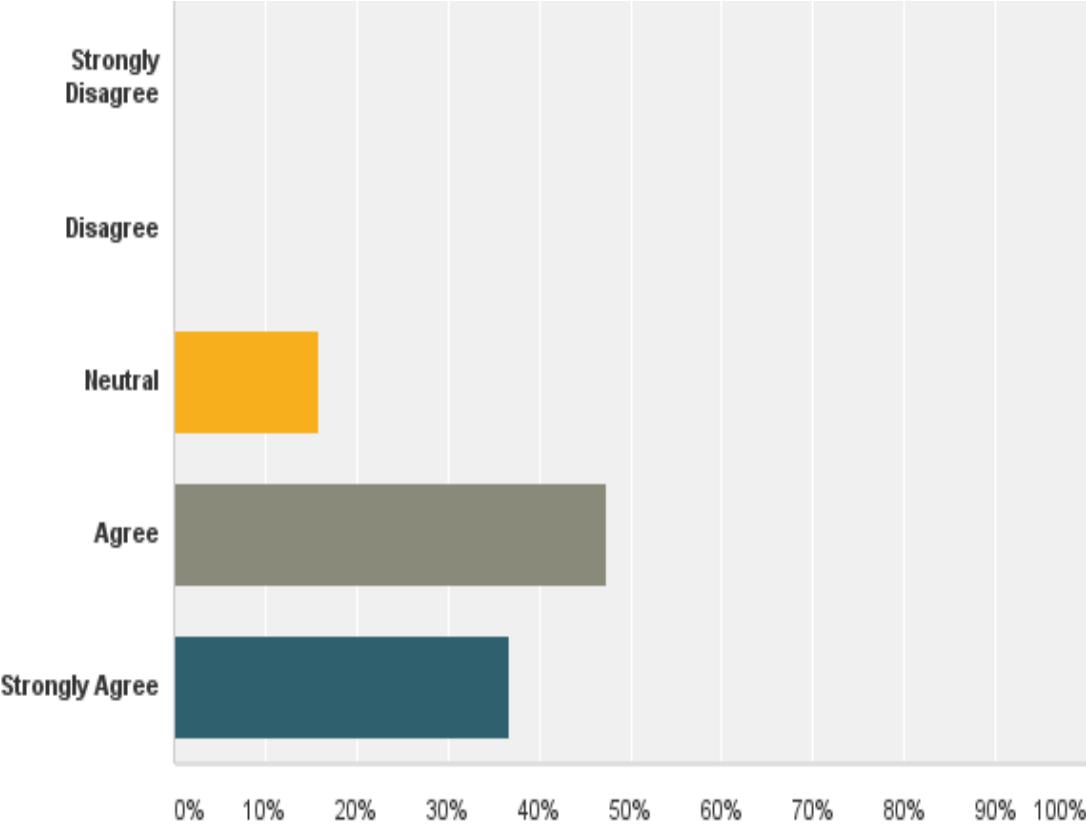
Answered: 19 Skipped: 1



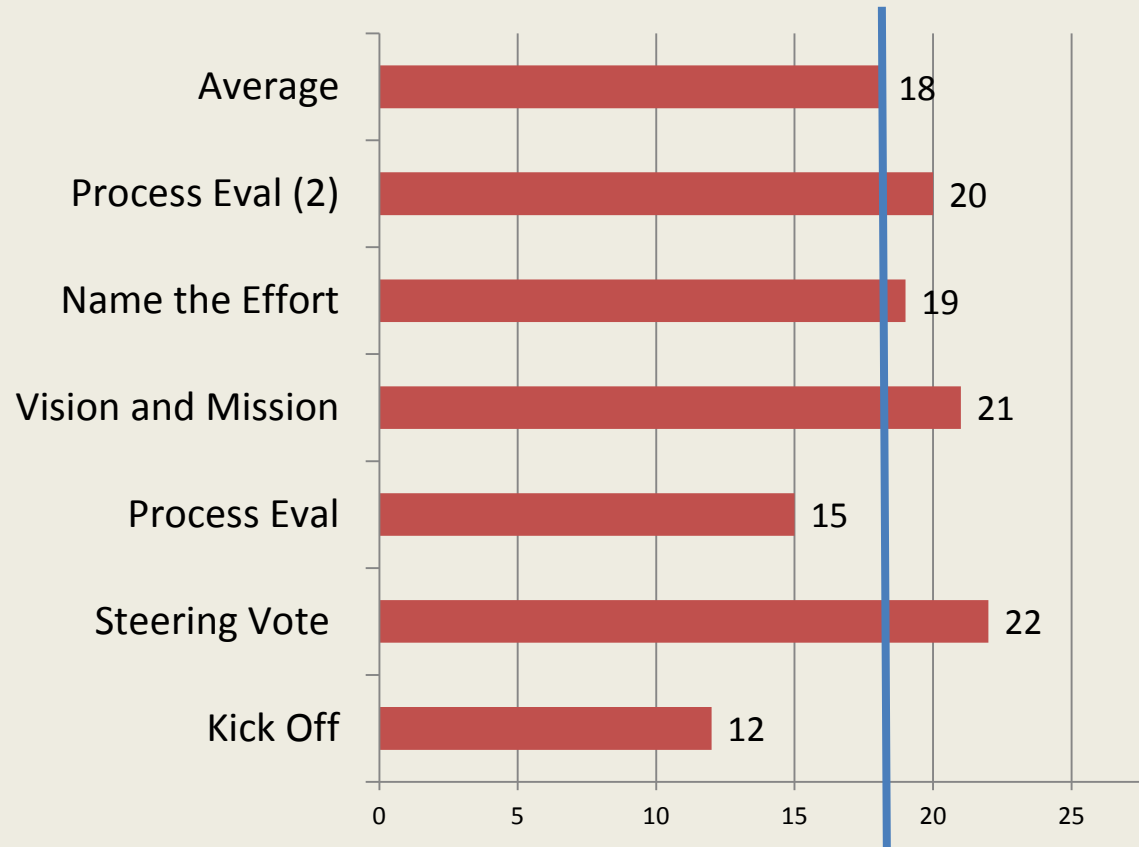


# Q6: The meeting increased your confidence that we can create a healthier Skagit County.

Answered: 19 Skipped: 1



# Summary of Survey Participation



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- Thoughts about process improvements
  - Information at and between mtgs
  - Communication amount and frequency
- 
- Help with reviewing web site information
  - Review & Next Steps



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# Closing

- **Next meeting May 7th**
- **Northwest Career and Tech Academy**
- **Meeting: 9:00 to 11:00 ?**



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